



STATEN ISLAND ICE HOCKEY ASSOCIATION, INC.

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You must pre-register online or in person (see page 5 #15). When we receive your pre-registration, we will send back a confirmation email, indicating that you are pre-registered in our program. Late registrants, after March 9<sup>th</sup>, will receive a follow up email indicating their status, accepted or placement on a waiting list. In either case, a parent must accompany the skater at their first session. A parent must sign and complete the official registration form before the skater will be allowed on the ice. A skater must sign the clinic roster before every session. Failure to do so, voids his proof of attendance.

## **THIS YEAR'S CLINIC INFORMATION**

***See the Calendar Page on the Website***

Visit our website: [www.SIIHA.com](http://www.SIIHA.com) or Email: [info@SIIHA.com](mailto:info@SIIHA.com)

## **EQUIPMENT**

**Don't purchase a non-clinic Hockey Jersey. We require you to purchase our SIIHA Jersey while in our clinic program (Exception: the skater already has a jersey issued from a prior SIIHA clinic). A SIIHA Clinic jersey must be worn at every session. Wearing of a SIIHA Hockey Jersey is proof of registration in our program.** The price for a SIIHA Hockey Jersey is \$50.00.

**Anyone who is discovered not wearing an issued or pre-approved hockey jersey, will be removed from the ice for the remainder of that session. (One time Exception: A parent informs a SIIHA administrative staff person when the skater signs in and it prior to the skater's appearance on the ice.**

**Be advised that we do not provide any other equipment that you will need (see below).**

**Clinic Hockey Equipment:** Ice Skating and Ice Hockey are considered dangerous

sports by some. All skaters are going to fall and in the case of new skaters, this is a constant. We recommend that a new clinic skater wear a sweat suit when they begin the clinic. Hockey cover garments can be purchased as the child gains experience. However, good protective equipment is a must. We indicate the mandatory equipment that should be worn below. The equipment indicated is for beginners. As skating skills and ability increases, additional equipment will be required.

The following equipment is required when you begin the clinic: #1-helmet with chinstrap & face mask, #2-elbow pads, #3-shin pads, #4-hockey gloves or regular winter gloves for beginners, #5-skates and socks, #6-(boys) cup, #7-SIIHA Clinic Jersey, & #8-sweatsuit pants or hockey pants with suspenders, garter belt & socks. **Always bring #9-tape**



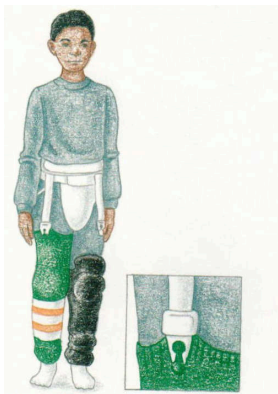
In addition to the above, when the skater is allowed to use a #10-stick, he/she must also wear a #11- mouth guard, #12-neck guard and #13-shoulder pads. When we get to #14-pucks all the above equipment is needed



If you need to purchase equipment or want to put the skater's name on the SIIHA Hockey Jersey, we recommend the sporting goods store (Located in the Staten Island Skating Pavilion), 3080 Arthur Kill Road 10309. (718) 605-5771. Ask for John and tell him your child is in our FREE Sunday clinic. He will be very accommodating and fit your child with the proper equipment.

### HOW DO I GET DRESSED?

When dressing the skater for the clinic: boys should wear a cup. A Cup & supporter go on first followed by shin guards then put sweatpants over the shin guards. If wearing hockey pants the hockey socks, go over the shin guards followed by a guarder belt and hockey pants with suspenders. Now put on the skates. For the upper body you start with Shoulder pads, elbow pads, after which you put on the hockey jersey. A neck-guard is last. You are almost ready to go on the ice. Put on a helmet with a face mask and secure the chin strap. The use of a mouth guard is a good idea, and it should be attached to the helmet. Then grab your stick and let's go play hockey.



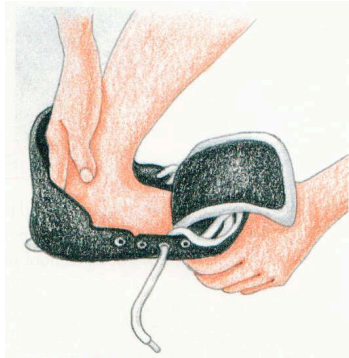
**Garter Belts**

Kids will need help attaching their garter belts to the socks. The inset shows how the clip attaches to the sock.



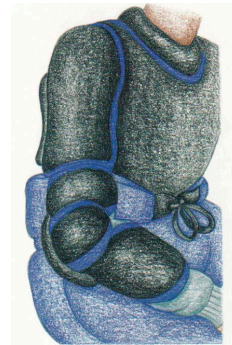
**Hockey Pants**

The upper part of the pants should meet the shoulder pads and the lower part should meet the kneecap.



**Fitting the Skates**

If you can get a finger behind the heel, there's usually enough room for a season's growth but the skate otherwise fits snugly.



**Sizing Elbow Pads**

The elbow pad should protect from the middle of the upper arm to the middle of the forearm.



When the skater is ready for a stick, we will inform you when to bring it and how to size it. Pucks will come later. **Children should be allowed to practice shooting and handling a puck at home.** We teach basic stick handling and shooting techniques only.

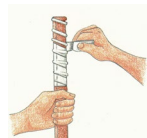
### HOW TO SELECT & SIZE A STICK...

- A hockey stick with a straight blade is recommended (If you purchase a curved blade, before determining if the skater is a right- or left- hand shooter, you are wasting your money)
- Ages 3 to 8 buy a Youth Stick.
- 9 and over buy a Men's Stick.
- Either one may have to be cut.
- Stand the stick straight up against the body,
- The blade tip should be touching the floor.
- Measure, mark to size & cut:
- In Shoes: At nose level.
- In Skates: At chin level.
- Cut the shaft side of the stick not the blade side of the stick.

**NOTE: A stick used or specifically designed for street hockey is not permitted on the Ice.**



Taping a stick is not necessary but here is how it is done.



- 1) Start at the heel of the blade and work towards the front of the blade.
- 2) Twist the tape so it looks like a string from about 6 inches towards the top of the stick handle.
- 3) Then go over the ridges of the tape with another layer of tape like you did for the blade.
- 4) When you reach the top make a knob. Don't make the knob too big for small hands.



SKATER'S NAME



SIHA ID

The SIIHA hockey jersey & logo ID will identify the skater as a registered clinic skater. Both must be worn at each session. Any skater w/o a SIIHA jersey or ID logo will not be allowed on the ice. If you originally purchased a jersey and forgot to bring it, a loner Jersey may be available, otherwise the skater will not be allowed on the ice. **Place the skater's first name on the front and rear of the helmet for identification by the instructors, using masking tape.**

# Answers to FAQ

## **WE DO NOT PLAY GAMES - THIS IS A CLINIC (HOCKEY ISTRUCTIONAL PROGRAM)**

- The clinic is twelve (12) sessions, beginning in November and ending March (see page 1).
- Children skate in groups according to their ability. You can miss a session and continue where you left off when you return.
- Young Children, 6-year old's, may not weigh enough to stand up. We will inform you if there is a problem.
- The Clinic is approximately three (3) Sundays a month at 7:10 AM
- We don't skate when it snows over (one) 1 inch or when a school holiday affects children.
- **Required Beginners Hockey Equipment: Skates, helmet w/face mask, gloves, elbow and shin guards. (We do not supply any of this equipment).** (see page 2).
- **A sweat suit is the appropriate clothing to wear.** When available you must purchase a SIIHA hockey jersey.
- **Skates** must fit properly and should be sharpened, they should be smaller than or equal to the child's shoe size, don't purchase skates for next year's use. **Shin guards** are worn under sweat suit pants and secured with tape under the knee of the pants. **Elbow pads** are worn under the hockey jersey. (see page 3)

## **Information we feel you should be aware of:**

Be aware that the SIIHA has been around for over 50 years and we are experienced in what and what not to do on the ice. Here are some of the rules.

1. Parents are just spectators and chauffeurs, they are not instructors or part of our staff, and therefore, their expertise is not solicited nor desired.
2. Come at least 15 minutes before you are scheduled to go on the ice to dress and register (sign in) for that session. At the child's first session, a parent is required to sign an official registration form.
3. Skaters must wear only Ice Hockey certified protective equipment.
4. We are not members of USA Hockey. We are an independent organization and not governed by their rules or requirements.
5. Insurance. Skaters do not receive primary medical insurance from us. We only provide limited secondary medical insurance as a supplement to your own Medical Insurance. As far as Liability insurance you skate at your own risk. *Do not put your child in jeopardy if you don't understand our limited coverage. If not, then don't allow your child to participate in our program.*
6. No parent is allowed on the ice.
7. Parents should not stay by the boards where their child is skating. This is distracting to both the child and the instructor. Please sit or stand in the bleachers. You will get a good view from there.
8. Don't stand in a doorway to speak to a skater. Call the skater then move away from the doorway. When the skater comes to the door remove the skater from the ice surface but don't stand in a doorway no matter how long or short your message is. When the

skater is ready to return, open the door and close it behind the skater and move away from the door.

9. Learn to skate. We find a 99.9% success rate for Children 6 and over. The success rate drops to about 70% for skaters who have reached their 5<sup>th</sup> birthday. The cause for this drop in our success varies but is mainly due to a child's attention span, weight (not heavy enough to gain friction with the ice), communication skills, or just not being ready to skate.
10. Any child who is aggressive to another child will be removed from the ice.
11. Since our instruction is FREE, we teach in groups. Instructor's instructions must be followed. We only commit instructors for a limited amount of time for individual skaters.
12. **We only allow one session for a child to stand and move without assistance. If this skill level is not reached by the end of the first session, we inform the parents. You may bring the child back again after 30 days to try again.**
13. If you miss an ice session, don't panic. Each session is redundant, and the skater remains within their assigned skill group until they successfully complete that skill level.
14. We do not make up for canceled ice sessions.
15. If the season is underway, you may still request joining our program. However, a vacancy must exist. In person applications will not be accepted at the rink after January 1<sup>st</sup>. After that date, all Inquiries and pre-registration applications must be submitted by email. You will be informed if a vacancy exists, or you may be placed on a waiting list. In either case, the selection will be based upon the timeliness of your pre-registration inquiry.

At the skater's first appearance at the rink: Parents must sign an official registration form and purchase a SIIHA clinic jersey (*unless they already have one from a prior SIIHA clinic*).

The skater will receive a SIIHA Id# decal. The ID decal is to be placed on the rear of the skater's helmet as indicated on page 4.

To assist the instructor in identifying the skater, by name, the skater's first name must be placed on the front & rear to the helmet as indicated on page 4.

**The Hockey Jersey, indicated on page 4, must be worn during all clinic sessions. A skater will not be allowed on the ice without wearing a SIIHA clinic hockey jersey.**

Before each session: The skater must enter their Id# and print, sign, or make their mark of the weekly attendance sheet prior to going on the ice at every session they attend. Skaters who fail to do so will be removed from the ice.